

ALLAN KAPLAN
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KNOW YOUR INSURANCE BENEFITS!!

Remember that although you have insurance, your bill is ultimately your own responsibility. It behooves you to know your particular health insurance benefits, as they vary widely from plan to plan. Any insurance policy that covers massage will cover Roling, because Roling is considered massage by WA State's massage licensure (LMP).

This form has questions you should ask your insurance provider to gain a clear idea of your benefits and their limits, and not end up with unforeseen expenses.

Name: _____ Date of birth: _____

Insurance company: _____ Representative: _____

Telephone number: _____ Policy number: _____

Questions to ask:

Am I limited to a network provider? No_____ Yes_____

Is coverage different out of network? No_____ Yes_____

How? _____

Do I need to get pre-authorization? No_____ Yes_____

Do I need a referral? No_____ Yes_____

Do I have a deductible? No_____ Yes_____ \$_____

Do I have a co-payment? No_____ Yes_____ \$_____

What is the period of my coverage? _____

How many visits are covered per year? _____

What is my maximum out-of-pocket expense? \$_____